 **Utrustningskontroll**

Tävling\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Datum\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Klass\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **Obs! Notera antal** |  | **Lyfttrikå** | | | |  | **Bänkpresströja** | | |  |  |  |  |  |  |  |  | **Lindor /**  **Värmare** | |  |  |
| Namn | Svart | Röd | Blå | Vit | Alt. | Svart | Röd | Blå | Vit | Alt. | T - shirt | Topp | Erector - shirt | Under - byxa | Strump  - par | Bälte | Skor | Knä | Hand  - led | Övr. | Lyftar Sign. |
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